



“Champions are made from something they have deep inside of them- a desire, a dream, a vision.” ~ Mahatma Gandhi.

According to Ken Doherty, “The five S’s of sports training are: stamina, speed, strength, skill, and spirit; but the greatest of these is spirit.”

Sports and Games provide a runway to the young and budding minds to nurture, explore, enjoy, learn and ameliorate every day. Enable students to transform from flimsy body to sturdy body, leaden mind to rational mind, wimp to world changer.

Their dream, desire, and destination is conspicuous, treasure constructive criticism, feud for success.

“The will to win, the desire to succeed, the urge to reach your full potential; these are the keys that will unlock the door to personal excellence.”

The Sports club is committed to provide a healthy sporting habit among the students. It helps to learn teamwork at work, coordination among diverse cultural & ethnic groups and mainly infuses discipline & instills the value system in one individual.

“Most people give up just when they’re about to achieve success. They quit just one yard before finishing point. They give up at the last minute of the game one foot from a winning touchdown.”

Our Honorable President Padmashree Punam Suri Sir envisions that India Should bring more and more Gold Medals from Olympic and among them most of them must be from DAV. Align and agile towards this vision, our commitment is to provide all possible guidance and resources to our students.

Objectives :



- To promote culture of sports and other sports activities.
- To impart knowledge and ethics of different games and sports.

- To prepare mentally , physically, emotionally, socially and spiritually to practice and participate in different indoor and outdoor games and sports
- To encourage sports discipline healthy life style through participation in sports.
- To organize summer and winter camp, practice matches, friendly matches etc., to develop the students sports awareness.
- To develop good discipline and good citizen, service to the society, and sportsmanship.
- Coaching techniques to improve the student's physical and skill related activities.

Year Plan:

- 1) Summer camp
- 2) Month wise indoor and outdoor games
- 3) Yoga and PT
- 4) Track event practice
- 5) Sports for junior Students

Moderators :

Mr. Harendra Kumar Rai
Mr. Bipin Kumar Chaudhary
Mr. Anant Kumar
Mrs. Anita Sharma
Mrs. Kirti Mishra
Mr. Sushil Kumar Rana

SPORTS

