## **Music and Dance Club**

## **According to Plato -**

"Musical training is a more potent instrument than any other, because rhythm and harmony find their way into the inward places of the soul." "Music is the movement of sound to reach the soul for the education of its virtue."

The ripples of Music, composed in certain rhythms expresses people's feelings and enlighten the soul and enable one to reach to God. Music is essential for everybody. The earlier a child is exposed to music, the more advanced their spatial reasoning skills will be The left side of the brain is better developed with music, and songs can help imprint information on young minds. Even when performing with sheet music, student musicians are constantly using their memory to perform. The skill of memorization can serve students well in education and beyond. Learning music promotes craftsmanship. Students who practice with musical instruments can improve their hand-eye coordination. Just like playing sports, children can develop motor skills when playing music. Learning to play pieces of music on a new instrument can be a challenging, but achievable goal. Students who master even the smallest goal in music will be able to feel proud of their achievement. Who knows we can produce a Great Musician from our School

On the other hand ,Life is like dancing – it's not about getting from one place to another. It's about enjoying each steps. It Incorporates a variety of dance styles, including classical, modern, Fusion, jazz, with some ballet. Dancers will be introduced to the different kinds of dance, while later exploring the mechanics of the structure of each style, and finally learning a routing integrating all dance styles. The Dance Club members are agile to perform on the stage whenever needed and on different school celebration like, School day, Farewell day, Deepawali Celebration, Durga puja celebration, Christmas Show , Inter School Dance Competitions etc.

Moderators: Mrs. Kirti Mishra Mrs. Neha Singh